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The global prevalence of early childhood caries: A systematic review with meta-analysis using the WHO diagnostic criteria

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Abstract

Aim: To estimate the global prevalence of early childhood caries using the WHO criteria.

Design: Systematic review of studies published from 1960 to 2019. Data sources: PubMed, Google Scholar, SciELO, and LILACS. Eligibility criteria were articles using: dmft-WHO diagnostic criteria with calibrated examiners, probability sampling, and sample sizes. Study selection: Two reviewers searched, screened, and extracted information from the selected articles. All pooled analyses were based on random-effects models. The protocol is available on PROSPERO 2014 registration code CRD42014009578.

Results: From 472 reports, 214 used WHO criteria and 125 fit the inclusion criteria. Sixty-four reports of 67 countries (published 1992-2019) had adequate data to be summarised in the meta-analysis. They covered 29 countries/59018 children. Global random-effects pooled prevalence was (percentage[95% CI]) 48[43, 53]. The prevalence by continent was Africa: 30[19, 45]; Americas: 48 [42, 54]; Asia: 52[43, 61]; Europe: 43[24, 66]; and Oceania: 82[73, 89]. Differences across countries explain 21.2% of the observed variance.

Conclusions: Early childhood caries is a global health problem, affecting almost half of preschool children. Results are reported from 29 of 195 countries. ECC prevalence varied widely, and there was more variance attributable to between-country differences rather than continent or change over time.

KEYWORDS

early childhood caries, epidemiology, oral health, preschool children, systematic review

1 | INTRODUCTION

Although dental caries is essentially a preventable chronic health problem,[1] recent global reports show that oral health has not improved over the past 25 years[2] with 573 million children estimated to have untreated dental caries in primary teeth in 2015.[2] Early childhood caries (ECC) has been used to be defined as the presence of one or more decayed, missing, or filled primary teeth in children aged 71 months (5 years) or younger,[3] but has recently been redefined at the Bangkok Declaration by a group of international experts as the presence of a primary tooth with one or more carious (non-cavitated or cavitated lesions), missing (due to caries), or filled surfaces in a child under the age of six years.[4] The consequences of ECC include negative impacts on growth, development, nutritional problems, and oral health–related quality of life issues, from the child and his or her family.[3] Children with dental caries experience poor school performance and poor school attendance.[5] Also, ECC poses significant social and economic consequences for the family.[6] Reports of the prevalence of

ECC, however, vary. Systematic and narrative reviews have focused on the prevalence of ECC in a variety of countries including India [7] and China.[8] and geographical areas such as South-East Asia.[9] Similarly, there are systematic reviews that focus on a particular age[10] or on the incidence of ECC,[11] but do not cover all ages or prevalence. The proceedings summary paper presented by Tinanoff et al at the International Association of Paediatric Dentistry Conference on ECC in 2018 summarised the results of 72 studies published between 1998 and 2018 and reported a 4-year prevalence in ECC ranging from 12% to 98%. In children aged 1, 2, 3, 4, and 5 years, the prevalence in ECC was 17%, 36%, 43%, 55%, and 63%, respectively.[12] They, however, included studies using methodologies with a variety of outcome measure metrics to assess and record dental caries, with the most widely used being the World Health Organization (WHO) criteria.[13,14] This is based on the presence of a tooth/teeth with a cavitated surface and whether there is evidence clinically of a history of caries: whether teeth have been filled or extracted due to dental caries.[14] In their review, Tinanoff et al[12] also point out important methodological differences between the studies (such as variable examiner calibration and examination methods and standards). They also noted that there were a range of diagnostic thresholds for carious lesions used.

Rather than present a list of prevalences, a narrative summary, or an overall mean value, a more sophisticated and accurate way to estimate ECC prevalence is through evaluation of the data using meta-analyses obtained through a comprehensive systematic review of the literature. A meta-analysis can combine studies with methodological similarities to obtain an overall point estimate of the prevalence of ECC and confidence intervals around the data. To date, no such comprehensive data synthesis, however, exists. Also, the latest 2019 WHO report on early childhood caries does not report the global prevalence of ECC.[15] Therefore, we aimed to conduct a systematic review of prevalence cross-sectional or cohort studies and, where possible, use meta-analyses to report the global prevalence of ECC and describe its distribution by country, continent, and year.

2 | MATERIALS AND METHODS

2.1 | Protocol and registration

The report of this systematic review follows the MOOSE[16] and PRISMA recommendations. The protocol is available on PROSPERO 2014 registration code CRD42014009578.[17] During the execution of the review, there were three minor deviations from the protocol, two of which related to the databases and time frames searched. These changes were a result of some of the initial findings of the search strategy and close scrutiny of the chosen databases' comprehensive coverage of the area of literature required. Firstly, the BIREME database was replaced by LILACS and SCIELO, as these were considered more comprehensive and have a wider range of dates for Latin America, so the dates were also modified. Secondly, the WOS and SCOPUS reference databases were discarded as they were covered by the other databases and unlikely to yield further articles, making searching and screening them wasteful. Thirdly, there was a change to the risk-of-bias assessment tool in the Hoy et al study, which was considered the one most likely to detect the areas where bias might be occurring in these studies.

2.2 | Eligibility criteria

We included the following studies: cross-sectional or cohort studies reporting the prevalence of ECC or caries in children under 71 months in urban or rural communities, where probability sampling was used; those where the diagnostic criteria were reported; and those where calibration and number of the examiners were stated. We excluded studies conducted on institutionalised patients.

2.3 | Data sources

We searched the MEDLINE and PubMed databases, Google Scholar (as a meta-search engine that searches other databases), SciELO, and LILACS (to detect non–PubMed-indexed publications from developing countries and Latin America).

2.4 | Search

We searched databases for peer-reviewed articles from 1967 to 2 January 2020. Two researchers conducted and updated the searches between March 2014 and 2 January 2020. Terms relating to caries, early childhood caries, baby bottle caries, and early caries were combined, and then, each search was created for each database, along with the terms children, preschoolers, and prevalence, index of decayed, filled, or missing teeth (dmft), or proportion of children with caries. No language restrictions were imposed. For articles in languages other than English, French, Spanish, Portuguese, Latvian, Russian, or German, we planned to use Google Translate[18] to extract the information of interest. The authors were not contacted. Details of the search terms are available in the protocol and in the supplementary material in the repository available.[19] Two researchers (SU and IM) independently and in duplicate extracted each article's data. The first 50 articles were then discussed jointly, and any discrepancies were resolved by consensus.

2.5 | Study selection

The titles of the articles and abstracts were screened for those meeting the inclusion criteria, and those obviously not meeting the eligibility criteria were excluded. Where there was doubt or inadequate information to make a decision, the full texts were obtained and further screened in duplicate for those that meet the inclusion criteria. We excluded studies where there was no description of the population, sample, sample size estimate, declaration of the diagnostic criteria used, and number and calibration of examiners. The final doubts were resolved by consensus.

2.6 | Data extraction

Data were extracted by two investigators (IM and SU) with experience in systematic reviews and one with Cochrane certification. The final form was reviewed by the second author (NI) with experience of both epidemiological and intervention reviews, including Cochrane reviews. The data items that were extracted were as follows: reference; country and specific geographical area; data reported from the last year of the study; type of population (urban, rural, or both); target population; source and study sample; report of sample size calculation and whether sampling was using a probability or convenience method; the diagnostic criteria used; examiner calibration; and the reported prevalence and severity of caries. Details of all items extracted from each study can be found at Uribe et al.[19]

2.7 | Data collection process

The extracted data items were entered by each of two researchers in a proforma created and held in Google Docs and then exported to R statistical software 21 in 'csv' format for further analysis.

2.8 | Risk of bias in individual studies

The risk of bias of the included articles was investigated using a modified version of the tool developed by Hoy et al[20] for descriptive prevalence studies. One of the ten fields was excluded 'Was the length of the shortest prevalence period for the parameter of interest appropriate?' as this was not relevant to a caries prevalence study in children. This meant that each article could score a maximum of 9 points. Two authors (IM and SU) read the information explaining how to use the tool, and discussed and practised with ten articles investigating the prevalence of another topic (caries in permanent teeth). They repeated this exercise once. They then evaluated 19 articles

for this systematic review, independently and in duplicate to identify areas of discrepancy, resolve them, and assess inter-rater agreement (kappa = 0.877, which equates to 'Almost Perfect' agreement according to Landis and Koch).[21] Those articles that provided adequate information about seven or more items were classified as being at low risk of bias. Those between four and six were classified as moderate risk, and those with less than four, as high risk. After a preliminary sensitivity analysis, we decided to consider for analysis only those studies with moderate and low risk of bias.

2.9 | Reliability

Upon completion of data entry, one of the researchers (SU) re-entered 10% of the data at random and compared the results. We found less than 2% discrepancy randomly distributed from the data initially entered, so double data entry or full checking of any single field was considered unnecessary.

2.10 | Summary measures

The outcome variable was caries prevalence, presented as the percentage of children with caries, within each study's sample that was recorded using the criteria of the World Health Organization[14] (the outcome measure) and taken to be the number of primary teeth with cavitated dentinal caries, filled or missed teeth (dmft) > 0. The prevalence was defined as the proportion of children of the total of children with dmft >0, and we extracted the reported overall prevalence for each study. In the cohort studies, only the last prevalence report was considered.

2.11 | Synthesis of results

We performed an initial exploratory analysis of the included studies. We estimated heterogeneity using the I^2 statistic that describes the percentage of variation not due to sampling errors between studies. Higher values of I^2 show greater heterogeneity. To be included in the meta-analysis, studies had to satisfy the following criteria: The studies should (a) report the final sample size and proportion of children with caries (dmft > 0); and (b) have a low or moderate risk of bias. We used the Meta[22] package in the R[23] software for quantitative synthesis. Because the countries varied significantly in socioeconomic level, geography, and climate among other factors, a random-effects model was used for the meta-analyses combining the results of all studies. We used the inverse variance method to estimate the pooled prevalence expressed as the proportion of children with caries (dmft > 0) in the total population and their 95% confidence interval. The reported

prevalence in each study was around 50%, so no transformations, as logit or the double arcsine, were necessary before the random model meta-analysis.[24] A meta-regression was conducted to explore the potential sources of heterogeneity.

2.12 | Risk of bias across studies

The risk of bias across studies was estimated by assessing the difference in the studies' point prevalence estimates with respect to the pooled prevalence estimate of ECC and examining the symmetry of the funnel plot.

2.13 | Additional analyses

Subgroup analysis by continent, country, and decade of publication was performed to give further insight into possible sources of heterogeneity. For those studies reporting

the prevalence from two or more countries, we obtained the prevalence from each country by disaggregating the reported data.

3 | RESULTS

3.1 | Study selection

The flow chart in Figure 1 shows the detail of the search strategy findings for the number of articles.

3.2 | Study characteristics

The 64 publications, reporting the prevalence from 67 countries and meeting the inclusion criteria, analysed were published between 1992 and 2019. All studies were in English (n = 55), Spanish (n = 4), or Portuguese (n = 5), which are
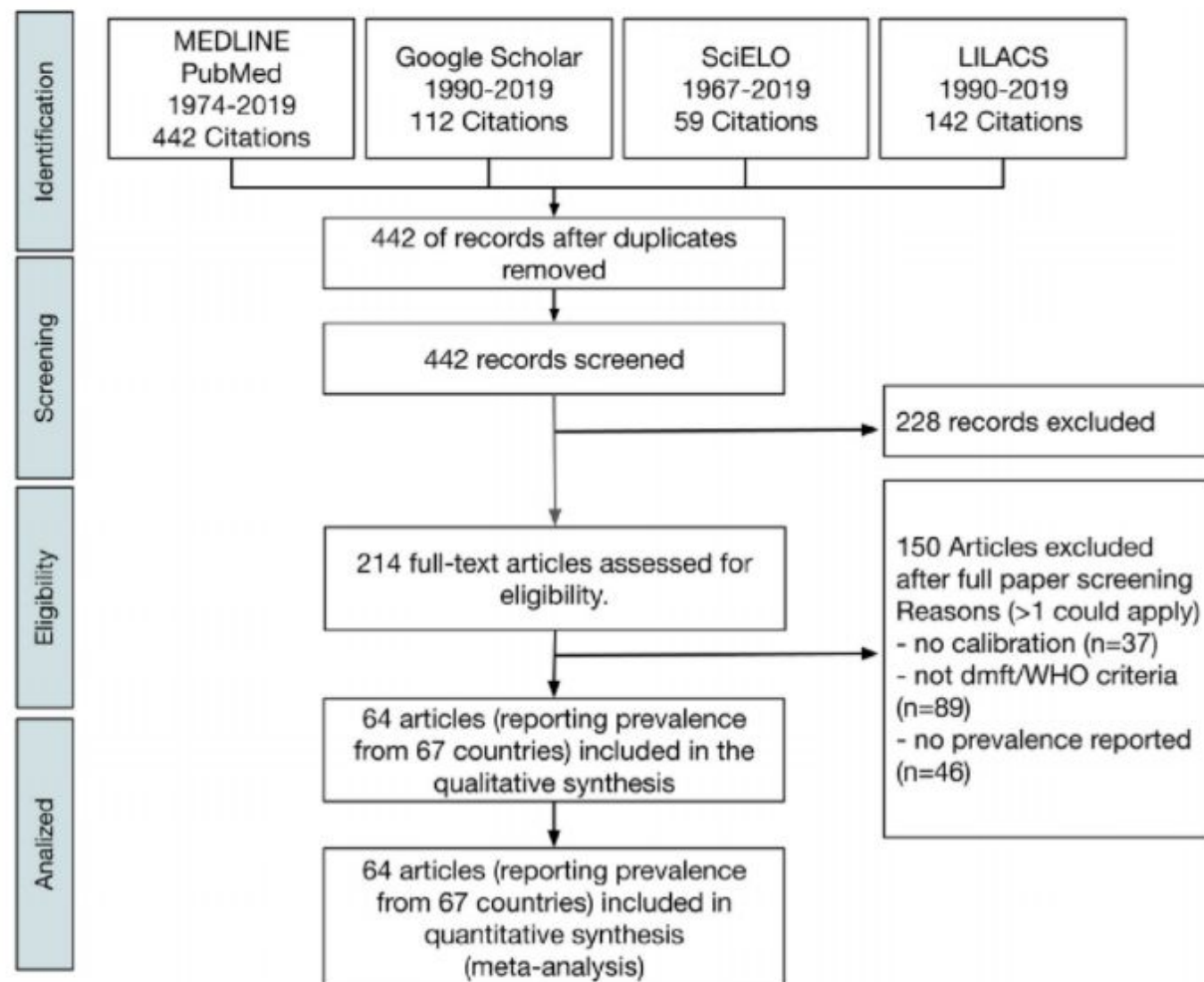

FIGURE 1 PRISMA flow diagram

spoken fluently by the authors, so there was no need for translation. Two studies reported prevalences for more than one country[25,26] and one for countries on different continents.[27] According to the decade of publication, we analysed five studies from the 1990s, 25 from the 2000s, and 34 from 2010. Of the 64 publications analysed, three[25-27] reported results from two countries, so data were entered separately for each country, giving a total of 67 prevalence estimates. The studies reported results from Africa[25,28-32] (n = 7), Americas[33,33,33,34,34,34,35,35,35,36,36,36-57] (n = 27), Asia[58-82] (n = 27), Europe[26,83-86] (n = 5), and Oceania[87] (n = 1). The studies analysed included 59,062 patients in total, with an average sample size (standard deviation) of 881(1189). The detail by continent and decade of publication is shown in Table 1.

3.3 | Risk of bias within studies

Of the studies analysed, half had a low risk of bias based on the tool by Doi et al[20] The individual studies' bias scores showed that Item 3 had the lowest percentage of compliance 'Was some form of random selection used to select the sample, or was a census undertaken?' and this was absent or poorly reported in 72% of studies, followed by Item 1 'Was the study's target population a close representation of the national population in relation to relevant variables, eg age, sex, occupation?' with 53% and Item 2 'Was the sampling frame a true or close representation of the target population?' with 48% compliance. Items 6, case definition; 8, mode of data collection; and 9, the numerators and denominators were reported in all included studies. The summary of the

risk-of-bias analysis is in Figure 2, and the detail is available in the open data repository.[19]

3.4 | Synthesis of results

Table 1 shows the proportion of random-effects pooled prevalence (%) [95% CI] of early childhood caries equal to 48 [43, 53] across all studies. ECC (percentage and [95% CI]) prevalences at study level ranged from 16 [15, 18] (Singapore) to 89 [87, 91] (China).

The number of studies per continent was Africa: seven; the Americas and Asia: 27 each; Europe: five; and Oceania: one. The estimated (random model) prevalence (%) by continent was as follows: Africa: 30 [19, 45]; Americas: 48 [42, 54]; Asia: 49 [40, 58]; Europe: 43 [24, 66]; and Oceania: 82 [73, 89]. Heterogeneity between studies within a continent and between continents is I^2 = 99%. The random-effects pooled prevalence of early childhood caries by continent (except for Oceania, since n = 1) is shown in Figure 3.

3.5 | Risk of bias across studies

Reported prevalence versus standard error on the funnel plot in Figure 4 shows no evidence of publication bias.

3.6 | Additional analysis

We conducted a subgroup analysis by country and by the decade for year of publication (see Table 1), estimating,

TABLE 1 Summary of sample size and pooled prevalence of early childhood caries studies using WHO criteria

Subgroup	N studies	Sample size				Prevalence	
		Sum	Mean (SD)	Median	Q1-Q3[b]	Pooled[c]	95% CI
Overall	64[a]	59 018	881 (1190)	515	242-902	48	[42; 53]
Continent							
Africa	7	4268	610 (304)	513	402-679	30	[19; 45]
Americas	27	23 806	882 (1507)	283	138-774	48	[42; 54]
Asia	26	24 155	895 (880)	595	418-967	52	[43; 61]
Europe	5	6709	1342 (1689)	638	505-1000	43	[24; 66]
Oceania	1	80	80 (-)	80	-	82	[73; 89]
Decade							
1990s	5	8650	1442 (1593)	988	358-1939	55	[31; 76]
2000s	25	14 537	559 (601)	360	135-706	45	[37; 53]
2010	34	35 875	1024 (1397)	577	352-840	49	[42; 55]

[a]Of the 64 publications analysed, three reported results from two countries, so data were entered separately for each country, giving a total of 67 prevalence estimates.
[b]First (25%) and third (75%) quartiles.
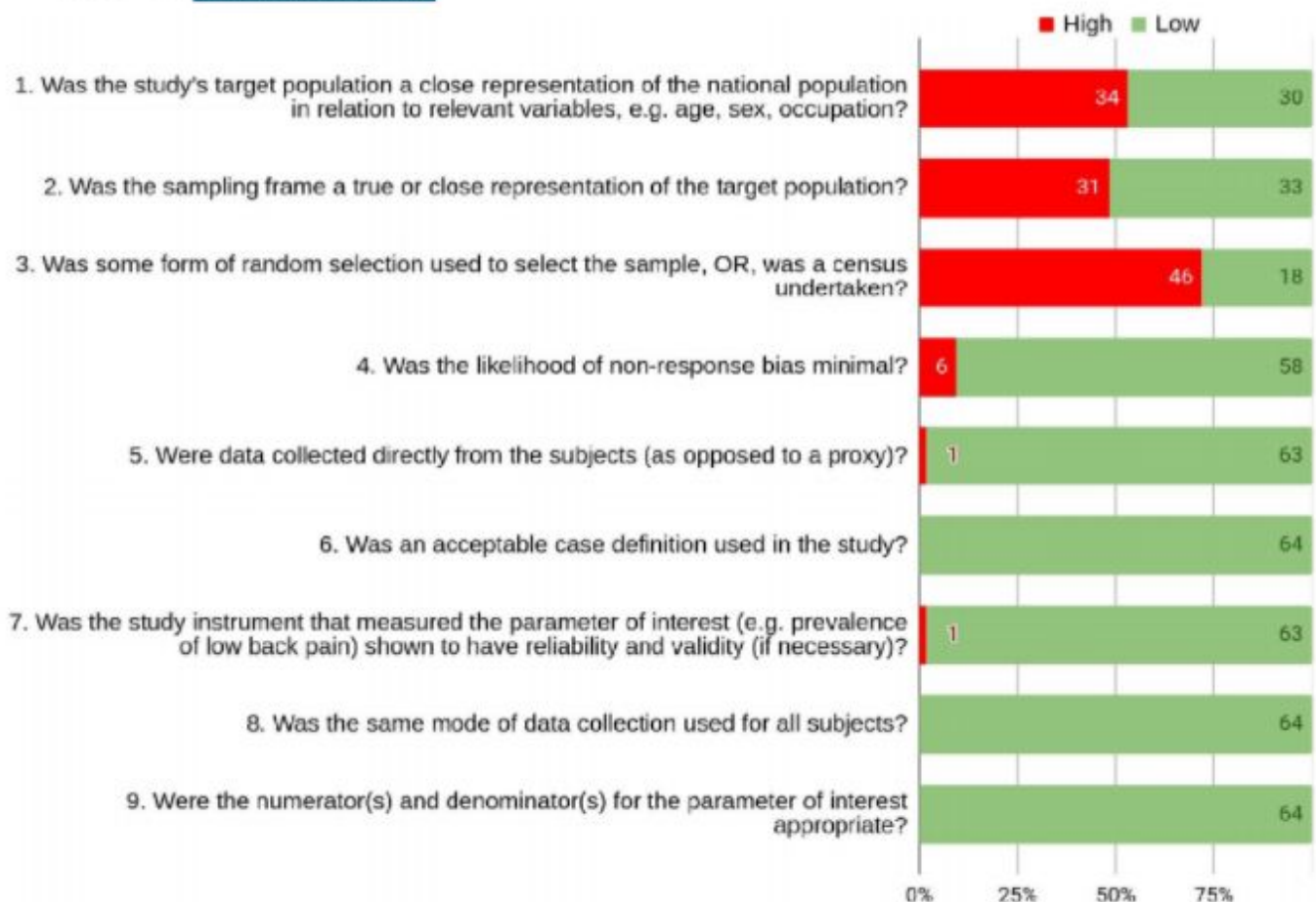[c]Random-effects model meta-analysis.

FIGURE 2 Risk of bias of analysed studies (n = 64 studies) using the tool by Hoy et al[20]

through a random-effects model, the prevalence of ECC in each country and by decade. Also, we performed a visual examination to detect whether the size of the study affected the reported prevalence, but found no visual evidence, as shown in Figure 5.

3.7 | Prevalence by country

There were 43 countries with more than one study included (data collected from different regions). The countries reporting the highest ECC pooled prevalence within continents were Uganda, 60[56, 64] in Africa[31] ; Mexico, 75[66, 83] in Americas[35] ; China, 89[87, 91] in Asia[66] ; Lithuania, 88[84, 92] in Europe[85] ; and Australia, 82[72, 90] in Oceania.[87]

3.8 | Prevalence by year of publication

The random-effects pooled prevalence (%) of early childhood caries grouped by publication year decade is as follows: 55 [31, 76] in the 1990s, 45 [37, 53] in the 2000s, and 49 [42, 55] in the 2010 decade as shown in Table 1.

3.9 | Meta-regression results

Meta-regression analysis showed high heterogeneity between the different prevalence estimates. The main source of heterogeneity was the difference in prevalence between countries, which explains 32.5% of the variance in the estimate. The difference between continents explains 0.70% of the variance, and the difference in the decade of publication was 0%. The detail is shown in Table 2.

4 | DISCUSSION

Using the WHO criteria, we found that early childhood caries affects 48%, almost half, of preschool children and its distribution is global, with geographical variations. Africa has a lower prevalence than the global pooled prevalence, whereas Asia, Oceania, and North and Central America have a prevalence above the global estimate. Europe and America are within the global estimate. There is, however, a lack of certainty around the precision of the result with many countries (and regions) not represented. Differences between countries and continents suggest that there are structural differences

FIGURE 3 Forest plot of the pooled prevalence and 95% CIs of ECC prevalence stratified by continent and ordered by prevalence. IV = inverse variance method. Box size represents the sample size

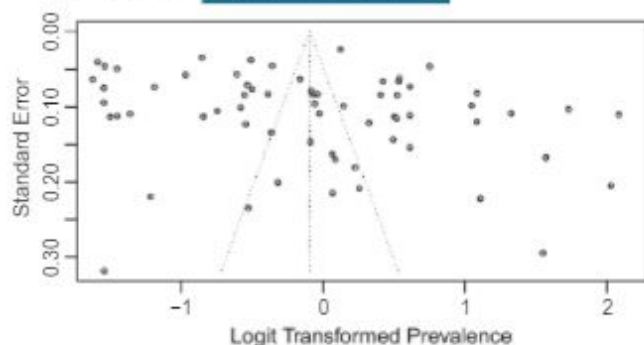| Study or Subgroup	Events	Total	Weight	IV, Random, 95% CI
Continent = Africa				
Masumo, 2012 – Uganda	136	772	1.5%	0.18 [0.15; 0.20]
Masumo, 2012 – Tanzania	215	1221	1.5%	0.18 [0.16; 0.20]
Sofola 2014 – Nigeria	105	513	1.5%	0.20 [0.17; 0.24]
Rwakatema, 2010 – Tanzania	112	372	1.5%	0.30 [0.25; 0.35]
Birungi, 2015 – Tanzania	112	372	1.5%	0.30 [0.25; 0.35]
Musinguzi, 2019 – Uganda	210	432	1.5%	0.49 [0.44; 0.53]
Kiwanuka, 2004 – Uganda	352	586	1.5%	0.60 [0.56; 0.64]
Random Effects Model		4268	10.5%	0.30 [0.19; 0.45]
Heterogeneity: Tau² = 0.6773; Chi² = 450.43, df = 6 (P < 0.01); I² = 99%				
Continent = Americas				
Tiano, 2009 – Brazil	12	68	1.3%	0.18 [0.09; 0.29]
Granville-Garcia, 2008 – Brazil	504	2651	1.5%	0.19 [0.18; 0.21]
Oliveira, 2008 – Brazil	238	1018	1.5%	0.23 [0.21; 0.26]
Campos, 2011 – Brazil	220	602	1.5%	0.37 [0.33; 0.41]
Carvalho, 2009 – Brazil	104	283	1.5%	0.37 [0.31; 0.43]
Maciel, 2007 – Brazil	29	78	1.4%	0.37 [0.26; 0.49]
Hoffmeister, 2016 – Chile	1123	2987	1.5%	0.38 [0.36; 0.39]
Cortellazzi, 2009 – Brazil	275	728	1.5%	0.38 [0.34; 0.41]
Xavier, 2012 – Brazil	94	229	1.5%	0.41 [0.35; 0.48]
Xavier, 2013 – Brazil	94	229	1.5%	0.41 [0.35; 0.48]
Borges, 2012 – Brazil	821	1993	1.5%	0.41 [0.39; 0.43]
Hoffmann, 2004 – Brazil	43	102	1.4%	0.42 [0.32; 0.52]
Meirelles, 2008 – Brazil	89	186	1.5%	0.48 [0.40; 0.55]
Leite, 2000 – Brazil	167	338	1.5%	0.49 [0.44; 0.55]
Mariño, 1995 – Chile	78	151	1.5%	0.52 [0.43; 0.60]
Peressini, 2004 – Canada	45	87	1.4%	0.52 [0.41; 0.63]
Ardenghi, 2013 – Brazil	3832	7217	1.5%	0.53 [0.52; 0.54]
Schroth, 2005 – Canada	219	408	1.5%	0.54 [0.49; 0.59]
Villavicencio, 2018 – Colombia	69	124	1.5%	0.56 [0.46; 0.65]
Yevenes, 2009 – Chile	53	94	1.4%	0.56 [0.46; 0.67]
Dabiri, 2016 – El Salvador	162	279	1.5%	0.58 [0.52; 0.64]
Uribe, 2013 – Chile	128	206	1.5%	0.62 [0.55; 0.69]
Villena 2011 – Peru	207	332	1.5%	0.62 [0.57; 0.68]
Granville-Garcia, 2010 – Brazil	532	820	1.5%	0.65 [0.62; 0.68]
Osullivan, 1994 – USA	1441	2119	1.5%	0.68 [0.66; 0.70]
Rigo, 2009 – Brazil	275	368	1.5%	0.75 [0.70; 0.79]
Medina 2005 – Mexico	82	109	1.4%	0.75 [0.66; 0.83]
Random Effects Model		23806	40.0%	0.48 [0.42; 0.54]
Heterogeneity: Tau² = 0.4166; Chi² = 1923.17, df = 26 (P = 0); I² = 99%				
Continent = Asia				
Gao, 2009 – Singapore	294	1782	1.5%	0.16 [0.15; 0.18]
Dogan, 2013 – Turkey	561	3171	1.5%	0.18 [0.16; 0.19]
Krzoglu, 2004 – Turkey	95	520	1.5%	0.18 [0.15; 0.22]
Seki, 2005 – Japan	27	118	1.4%	0.23 [0.16; 0.32]
Subramaniam, 2012 – India	413	1500	1.5%	0.28 [0.25; 0.30]
Turton, 2019 – Cambodia	1192	3985	1.5%	0.30 [0.28; 0.31]
Kumarihamy, 2011 – Sri Lanka	132	410	1.5%	0.32 [0.28; 0.37]
Lo, 2009 – China	474	1343	1.5%	0.35 [0.33; 0.38]
Du, 2000 – China	153	426	1.5%	0.36 [0.31; 0.41]
Singh, 2011 – India	313	846	1.5%	0.37 [0.34; 0.40]
Suia, 2011 – Pakistan	243	601	1.5%	0.40 [0.36; 0.44]
Sohi, 2012 – India	280	579	1.5%	0.48 [0.44; 0.53]
Chu, 2012 – China	283	577	1.5%	0.49 [0.45; 0.53]
Gao, 2011 – China	72	138	1.5%	0.52 [0.44; 0.61]
Zeng, 2005 – China	578	957	1.5%	0.60 [0.57; 0.64]
Wyne, 2002 – Saudi Arabia	202	322	1.5%	0.63 [0.57; 0.68]
Wellappuli, 2012 – Sri Lanka	374	595	1.5%	0.63 [0.59; 0.67]
Wei, 1993 – China	616	977	1.5%	0.63 [0.60; 0.66]
Sankeshwari, 2013 – India	705	1116	1.5%	0.63 [0.60; 0.66]
Sgan-Cohen, 2009 – Israel	120	185	1.5%	0.65 [0.58; 0.72]
King, 2003 – China	229	353	1.5%	0.65 [0.60; 0.70]
Kowash, 2017 – United Arab Emirates	400	540	1.5%	0.74 [0.70; 0.78]
Wyne, 2008 – Saudi Arabia	590	789	1.5%	0.75 [0.72; 0.78]
Mangla 2017 – India	403	510	1.5%	0.79 [0.75; 0.82]
Alkhtib, 2016 – Qatar	207	250	1.5%	0.83 [0.78; 0.87]
Zhang, 2014 – China	622	732	1.5%	0.85 [0.82; 0.87]
Zhang, 2013 – China	741	833	1.5%	0.89 [0.87; 0.91]
Random Effects Model		24155	40.6%	0.52 [0.43; 0.61]
Heterogeneity: Tau² = 0.9375; Chi² = 4125.18, df = 26 (P = 0); I² = 99%				
Continent = Europe				
Sönju 1992 – Norway	735	4323	1.5%	0.17 [0.16; 0.18]
Nobile, 2014 – Italy	98	515	1.5%	0.19 [0.16; 0.23]
Sönju 1992 – Germany	460	1000	1.5%	0.46 [0.43; 0.49]
Henkuzena, 2004 – Latvia	306	638	1.5%	0.48 [0.44; 0.52]
Razmiene, 2012 – Lithuania	206	233	1.4%	0.88 [0.84; 0.92]
Random Effects Model		6709	7.5%	0.43 [0.24; 0.66]
Heterogeneity: Tau² = 1.0621; Chi² = 752.88, df = 4 (P < 0.01); I² = 99%				
Continent = Oceania				
Pascoe, 1994 – Australia	66	80	1.4%	0.82 [0.72; 0.90]
Random Effects Model		80	1.4%	0.82 [0.73; 0.89]
Heterogeneity: not applicable				
Random Effects Model		59018	100.0%	0.48 [0.43; 0.53]
Heterogeneity: Tau² = 0.7063; Chi² = 8153.33, df = 66 (P = 0); I² = 99%				
Residual heterogeneity: Tau² = NA; Chi² = 7251.67, df = 62 (P = 0); I² = 99%				

IV, Random, 95% CI: 0.2   0.4   0.6   0.8

FIGURE 4 Risk of bias across studies

affecting the oral health of preschool children.[88,89] This seems to be the first registered systematic review with a meta-analysis of the pooled prevalence of ECC. As with any systematic review, the accuracy of the data reported and synthesised is dependent on the comprehensiveness and accuracy of the data included. A previous narrative review by Tinanoff et al based on 72 articles estimated a prevalence, across countries, of between 17% in France and 98% in Australia.[12] We found similar obstacles to Tinanoff et al: little detail on calibration and a variety of diagnostic criteria, preventing comparison of many studies. Standardised surveillance systems have been recommended, and this aspiration fits with the desire to move the general field of research towards common outcomes and outcome measures.[90] We used the WHO criteria because the evidence suggested it was the most widely used.[13] The WHO criteria include only cavitated lesions, thus underestimating the prevalence of caries.[91] Although the definition of ECC published by the American Academy of Pediatric Dentistry[92] includes a non-cavitated level, only a few studies included this category. To maintain comparability, we included only those where caries prevalence at the cavitated level was extractable. A meta-regression review by Kassebaum et al shows that in 2010, untreated dental caries in primary teeth affected 9% of children (95% CI 8.7, 9.4) making it the 10th most prevalent condition.[2] Our results support their finding that the prevalence of untreated caries has remained relatively unchanged for 20 years[2] with our findings extending this to the past three decades. Considering that caries in the primary dentition is a good predictor of caries risk in the permanent dentition,[93-95] overall our results suggest that the caries situation in the future will remain unchanged unless changes are implemented and the disease is diagnosed and treated at a lower threshold and in a way that halts the disease process, preventing progression to the stage of requiring invasive dental treatment.[96] Until the 2003 version of the WHO's main global promotion and prevention strategy,[97] the emphasis was on children aged 6 and 12 years.

Our results strongly suggest that the emphasis on promotion and prevention programmes should be directed at children younger than 6 years. The current WHO strategy for prevention of dental caries in children focuses on school-children and youth.[98] The widespread presence of caries in such a young child population shown here, however, strongly suggests that the emphasis on promotion and prevention programmes should be directed at children long before they reach school age. The current recommendation from the WHO is to let each country and area set its own health goals, and our work could help to set those goals in specific countries or geographical areas.[99] Also, these results can be used for estimating the sample size for future national studies. A systematic review can only include the evidence available and then synthesise it. It cannot improve the quality of the available evidence but allows, among other things, the identification of aspects that could be improved in future reports.

The fact that so many studies (89/214) did not use the WHO criteria and others were excluded due to incomplete reporting of critical information, including diagnostic criteria, target population, or examiner calibration, is a wake-up call for future research. For example, most studies (86.6%) lacked sufficient information to perform a subgroup analysis by age. One way to improve this shortcoming in future studies is to indicate the number of children and prevalence by age. Although guidelines for reporting prevalence studies exist in other areas such as periodontics,[100] there are no such guidelines for caries prevalence studies at this time. The STROBE recommendations are a good guide for observational studies,[101] to which some recommendations, specific to caries outcomes and outcome measures, should be added.[13] Future studies should report the diagnostic criteria used, and when they use more than one, each prevalence should be reported, linked to the relevant diagnostic criteria. Likewise, to ensure the validity of the measurements, the calibration of the examiners and the agreement or reliability results must be reported in detail.[102,103] It is also essential that future studies clearly report the target population, to allow insight into how generalisable the results are to other populations. This includes reporting the size of the target population, that is country-level or ethnic group, source, eligible population, and finally the sample, indicating the assumptions for sample size estimation.

This review's overall estimate of ECC is also in line with the recent estimate.[104] GBD et al, however, indicate that more economically advanced countries have more caries. Our results indicate a wide variation between countries that are generally grouped within similar economic levels. This could be explained by the fact that some of these studies are conducted in subgroups of the population. Variations in the pooled prevalence of ECC across continents and even within individual country studies suggest that the distribution of ECC is not homogeneous. Some of this variation could be explained by genetic factors, but the research available to date shows mixed results.[105,106] Several studies claimed to investigate the prevalence in ethnic minority populations or subgroups such

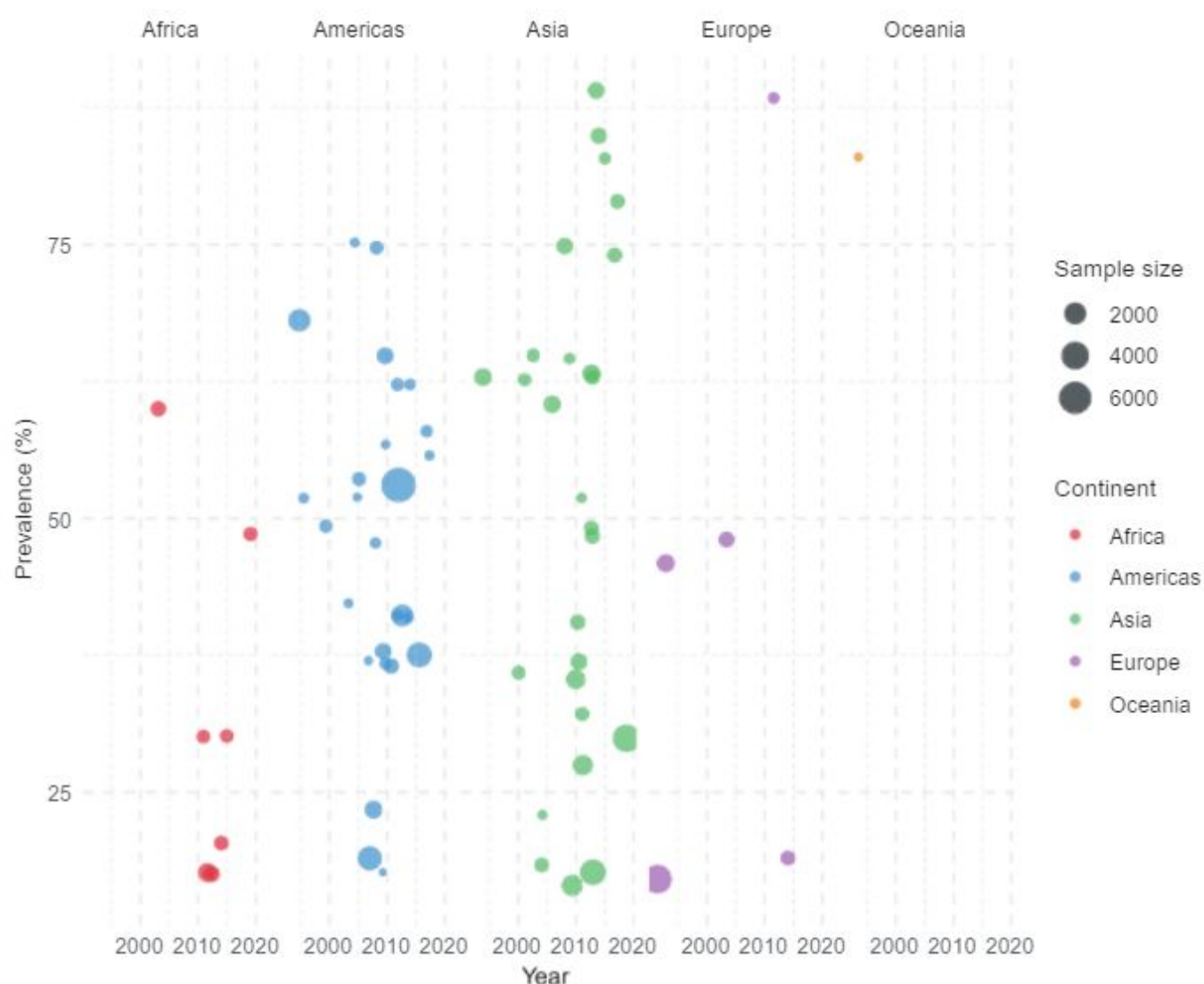## Reported prevalence by year, sample size and continent

FIGURE 5 Reported prevalence per year, continent, and sample size

TABLE 2 Results of meta-regression for the prevalence of ECC

Covariate	Estimated τ^2	Estimated I^2 (%)	R^2 variance explained (%)
Continent	0.732	99.2	0.7
Country	0.498	98.7	32.5
Publication decade	0.786	99.3	0.0

Note: τ^2: estimated amount of residual heterogeneity.

I^2: residual heterogeneity / unaccounted variability.

R^2: the amount of heterogeneity accounted for.

as indigenous peoples of Australia[87] and ethnically diverse groups from China,[62] with different socio-economic status[55] or place of residence, that is rural.[54] During data extraction of individual papers, in common with other studies,[107] we could not identify any clear definitions of rurality/urbanity, so were unable to carry out a subgroup analysis to investigate caries prevalence differences related to rurality.

Nevertheless, the variations within different countries (for example Brazil) are so wide, it could be speculated as being indicative of more structural causes, such as the distribution of dental services,[108] socio-economic, cultural, or geo-political. An alternative explanation that the variation is driven by methodological artefacts seems less likely to explain the large differences, especially as all studies used the WHO criteria in order to be eligible for the review, although these could contribute. A more detailed description of geographical areas could help to interpret differences with reasons such macroeconomic,[88] socio-economic,[109] and also the availability of fluoride in drinking water[110] or toothpaste,[111] interventions with evidence of effectiveness for caries prevention.[112] Future research should focus

on factors contributing to the unexplained 68% variation in prevalence.

We included studies from different regions within individual countries (taking the most recent where there was more than one). ECC (percentage and [95% CI]) prevalences varied widely within some countries. This was most noticeable for some countries; for China, there were nine studies and the prevalence ranged between 35% and 89%, a difference of 54%. Similarly, large differences were noted for India with four studies and 51% variation in prevalence and for Brazil with 14 studies and 46% variation in prevalence. The meta-regression analysis showed that 21% of the variation in prevalence comes from variation between countries rather than between continents or years. This could be interpreted as evidence of the global distribution of ECC, with variations within each continent. The data have some limitations because of its sparsity in some areas. For example, the estimate of 82% for Oceania likely does not represent the reality of such a large and diverse continent. Firstly, it is only a single study; and secondly, although it met the review inclusion criteria, it was at high risk of bias as the study target population were a particular group of indigenous Australian children aged 4 to 6 years of the Tiwi tribe on the island of Bathurst and not representative of the national population. A study not included for lack of a probability sample indicated that the prevalence of tooth decay was 69% in indigenous Australian children vs. 25% in non-indigenous children.[113] The Australian national oral health survey report in 2012-2014 indicates that 'at the beginning of school, at age 5-6 years, a little more than half of the children have had experience of caries in their primary/deciduous (baby) teeth with an average of two teeth with decay experience',[114] and the latest national oral health survey does not report the prevalence in children younger than five years.[115] In New Zealand, there was one study available, but it was not included because it used school admission records without declaring the diagnostic criteria or the calibration of examiners. Although data were not included in this review, the results are worth mentioning, since they included data from 27 333 children between 2 and 4 years of age where non-cavitated and cavitated lesions were considered, reporting a prevalence of 14.9% (95% CI 10.2, 20.7).[116]

The unit of analysis was by study, with the most recent regional data included, and we could see a wide variation within the country; however, with a 21% of the variance in the prevalence estimate attributable to between country, there is the possibility that this variance due to countries may be inflated for those countries where more studies have originated.

With carious lesions limited to enamel, changes in the eliciting factors and remineralisation of the lesions will arrest and reverse the disease. The dental profession, however, still tends to intervene restoratively for these reversible lesions.[117] Relying on thresholds that are so 'late' in the disease process may give data useful to observe the disease prevalence, but it means the opportunity to even possibly intervene and prevent the disease from requiring restorative-based, rather than prevention-focused, interventions, is lost. It should also be remembered that this will be an underestimate of the actual prevalence of ECC as the WHO criteria only record cavitated lesions, but the definition of ECC includes non-cavitated lesions. With almost half of children up to 71 months of age experiencing ECC, we face a huge challenge, at clinical and public health levels,[1] and the impetus to incorporate the advances in research for the promotion and prevention of oral health,[96] particularly in the youngest children.

5 | CONCLUSION

Studies on the prevalence of early childhood caries (for children 6 years or younger) that used the most common outcome measure for caries, the WHO criteria, show a combined prevalence of 48% [95% CI 43, 53], with variations both between and within countries. There were no significant changes observed in the reports for the period from 1990 to 2019. There were inadequate data to allow breakdown by age, and there is room for improvement in standardising data collection fields, reporting by including essential information, such as detailed prevalence by age, community type (rural/urban), and ethnicity.

6 | BULLET POINTS

- A meta-analysis of studies from cross-sectional studies using the WHO criteria shows the prevalence of ECC to be 48% [95% CI 42, 52]
- ECC prevalence varied widely, even within country, and there was more variance attributable to between-country differences rather than by continent or by change over time, with a suggestion of structural or methodological components being responsible.
- Of 195 countries, prevalence data on ECC, using the WHO criteria, were available for only 29 countries. This significant limitation must be considered in interpreting this data set. Selecting out these data, however, is balanced against the potential loss of meaning that would result from combining studies with differing methodologies and outcome measures.

CONFLICT OF INTEREST

One of the authors (SU) is also the author of one of the publications included and analysed.

AUTHOR CONTRIBUTIONS

All authors listed have made a substantial, direct, and intellectual contribution to the work, and approved it for publication.

DATA AVAILABILITY STATEMENT

The original data and analysis script are available at Uribe, S., Maldupa, I., & Innes, N. (2020, January 15). The Global Prevalence Of Early Childhood Caries: A Systematic Review with meta-analysis. https://doi.org/10.17605/OSF.IO/K7ZUN

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